

FURTHER CONFERENCE AND REGISTRATION INFORMATION

Contact:

Karin Kaiser

Tel: 03 9287 5516

Fax: 03 9287 5599

Email: karin.kaiser@ccam.org.au

Parking:

Limited parking is available. Enter off Lansdowne Street. The venue is in close proximity to Parliament Station and trams. (refer to Melway Map 44 A7). Conference entry from car park.

Bookshop:

An excellent range of books and resources will be available for purchase at the conference courtesy of 'Peoplemaking' bookshop.

An opportunity not to be missed!

Saturday 6 August 2011

9.00am – 5.00pm

Cardinal Knox Centre
383 Albert Street
East Melbourne

(Enter carpark off
Lansdowne Street)

REGISTER
ONLINE
AT
www.ccam.org.au

Marriage and Relationship Educators' Association of Australia,
Victorian Branch State Conference 2011



ACT WITH LOVE! Enriching & Strengthening Relationships with Acceptance & Commitment Training

**Presenter: Natalie Glaser from
"The Happiness Trap" Team**

**SATURDAY 6 AUGUST 2011
9.00am – 5.00pm**

Cardinal Knox Centre
383 Albert Street (cnr Lansdowne Street)
East Melbourne

A state-wide conference for both professional and voluntary practitioners interested in the field of marriage, relationship and family education.

Sponsored by the Victorian members of the Marriage and Relationship Educators' Association of Australia (MAREAA)

Register online: www.ccam.org.au

CONFERENCE PROGRAM

9.00am	Registration
9.30am	Welcome and opening
10.00am	Morning session (including morning tea)
12.30pm	Lunch
1.30pm	Afternoon session (including afternoon tea)
4.15pm	Summary and evaluation
4.30pm	MAREAA and CSME AGM's Wine and cheese

Please note: Friday night, August 5 at 7pm. there is an optional networking dinner (at your own cost) at the Pumphouse Hotel, 128 Nicholson St., Fitzroy. If you would like to come and meet people involved in marriage, relationship and family education we would love to see you. Please tick box on registration form.

ABOUT THE CONFERENCE

This **ACT With Love** conference is based on a revolutionary new development in human psychology, known as Acceptance and Commitment Training. ACT has been shown to be helpful in increasing levels of relationship satisfaction, closeness and acceptance in relationships and sexual satisfaction in couples. In this presentation you will learn scientifically proven techniques to strengthen, enhance, deepen and enrich relationships as well as skills to handle thoughts and feelings more effectively, resolve conflicts and build rich and meaningful relationships.

CONFERENCE PRESENTER

Natalie Glaser MPsych (Clin)

Natalie Glaser is a Clinical Psychologist who works in private practice in Sydney and is currently completing a PhD comparing ACT and CBT for people with anxiety. Natalie has co-authored a chapter on the use of ACT for anxiety in the book "ACT – Contemporary Theory Research and Practice" (Blackledge, Ciarrochi & Deane 2009). Natalie has been practising ACT since 2003, has completed many hours of ACT training, presented at ACT conferences worldwide and has been running ACT workshops since 2006. Natalie is a facilitator with Russ Harris's "The Happiness Trap" team, and they are preparing to launch their 'ACT With Love' workshops for couples.

PAYMENT DETAILS

Conference Fees:

(Includes lunch, morning and afternoon teas and all handout materials).

MAREAA/CSME Members: \$80.00 per person

Non MAREAA/CSME Members: \$85.00 per person

Students/Unemployed/Concession: \$55.00 per person

Register online at www.ccam.org.au

OR

Download form at www.ccam.org.au

Register by Monday 18 July 2011

Natalie Glaser MPsych (Clin)

- What are the principles for making relationships work?
- Why are relationships so difficult at times?
- What can you do to improve your own relationship and the relationships of the people you work with?

Natalie will explore these and more questions using a mixture of presentation, demonstration, structured training exercises and small group discussion.

**Marriage and Relationship Educators' Association of
Australia, Victorian Branch State Conference 2011**

ACT WITH LOVE!
**Enriching & Strengthening
relationships with Acceptance &
Commitment Training**