

Exciting Extras

- **Sacrament, Spirituality and Putting Out The Bins**
- **Money Habitudes**
- **What Is Your Love Language?**

These are one night sessions for couples either preparing for marriage or already married. They do not constitute a Marriage and Relationship Education Program but they are an excellent addition to a program.

Session cost per couple:

For participants on a listed program: Free
For other participants: \$40 per session

For further information or to register online, please visit www.ccam.org.au or call 9287 5516.

To Register for any Program (except FOCCUS)

- Book online or complete registration form downloaded from our website at www.ccam.org.au
- All bookings will be confirmed by mail or email
- A second letter will be sent one week prior to program commencement giving venue address and other details

"Feed your marriage with positivity. With kind words. With loving kindness."

*– 'What Happy Couples Do'
Bruess and Kudak*



"What is your favourite story about you as a couple?"

"What will keep your romance alive?"

Our Commitment

CatholicCare strives to maintain the dignity of each person and family in all their diversity. All cultures, religious beliefs and personal values are respected.

CatholicCare's Marriage and Relationship Education Programs are approved and funded by the Commonwealth Government and the Catholic Archdiocese of Melbourne.

Comments from Participants

"I have found the service excellent. It has really helped our relationship and opened more doors of communication and other ways to approach our marriage."

"I have really enjoyed the opportunity to work on my relationship. I felt very supported, respected and I felt that my relationship was valued. It was great that the information came from a place of experience."

"The informal and friendly approach of the educators was fantastic. Interaction and involvement in the group was important to make the course successful."

"The educators were excellent!! They gave great insight and also let us discover things for ourselves."

"We were a bit reluctant before the program, but we are so glad that we came. We had a lot of fun and learnt a lot!"

"When love and skill work together, expect a masterpiece"

Marriage and Relationship Education

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www.ccam.org.au



ABN 42 795 179 778

CatholicCare seeks to serve the community in all its diversity. See our website at www.ccam.org.au to learn more about our wide range of professionally delivered programs, services and locations in Melbourne, Geelong and surrounding areas.

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Formerly Centacare Catholic Family Services

Marriage and Relationship Education 2012



Strengthening families and communities

www.ccam.org.au

Congratulations on your decision to participate in a program!

No doubt you are looking forward to your future together with a sense of excitement and expectation.

As is commonly recognised, marriages and relationships don't just happen – they require an investment of energy, time and skill.

CatholicCare's Marriage and Relationship Education Programs offer you an opportunity to spend some time reflecting on your relationship, identifying your strengths and challenges and further developing your skills.

Have a look at the website together and choose the program or programs most appropriate to your needs as a couple.

The core pre-marriage programs are Partnerships and FOCCUS. Choose one or both of these. There are also some exciting extras you might like to consider as well.

Partnerships

This course consists of two weekend days OR four weeknights. It is conducted in a group setting with up to twelve couples and two professionally trained educators.

Sessions are designed for couples to explore their relationship strengths and differences.

While most of the work is done as individual couples, participation in the group provides an enjoyable opportunity to meet and learn from other couples.

For more details about the content of the Partnerships program, see our website.

Book online or download a registration form at www.ccam.org.au

Program Cost Per Couple:

Both employed: \$275
One employed, one unemployed or student: \$235
Both unemployed or students: \$185

For Partnerships Cancellation Policy, please see our website.

Further Information:

www.ccam.org.au
T: 9287 5516 F: 9287 5599

Partnerships Weekends

CODE	DATE	DAY	VENUE
P12.01	14 & 21 Jan	Sat	East Melbourne
P12.02	15 & 22 Jan	Sun	East Melbourne
P12.03	29 Jan & 5 Feb	Sun	East Melbourne
P12.04	29 Jan & 5 Feb	Sun	Heidelberg
P12.05	12 & 19 Feb	Sun	East Melbourne
P12.06	25 & 26 Feb	Sat/Sun	East Melbourne
P12.07	26 Feb & 4 Mar	Sun	Malvern
P12.08	26 Feb & 4 Mar	Sun	Greensborough
P12.10	17 & 18 Mar	Sat/Sun	East Melbourne
P12.11	18 & 25 Mar	Sun	Geelong
P12.12	18 & 25 Mar	Sun	Mulgrave
P12.13	25 Mar & 1 Apr	Sun	East Melbourne
P12.14	15 & 22 Apr	Sun	East Melbourne
P12.15	22 & 29 Apr	Sun	Malvern
P12.16	29 Apr & 6 May	Sun	Greensborough
P12.17	5 & 6 May	Sat/Sun	Mulgrave
P12.18	5 & 12 May	Sat	Bulleen
P12.20	20 & 27 May	Sun	East Melbourne
P12.21	26 & 27 May	Sat/Sun	Heidelberg
P12.23	16 & 17 Jun	Sat/Sun	Malvern
P12.24	17 & 24 Jun	Sun	East Melbourne
P12.25	17 & 24 Jun	Sun	Greensborough
P12.26	8 & 15 July	Sun	Mulgrave
P12.27	14 & 15 July	Sat/Sun	East Melbourne
P12.28	22 & 29 July	Sun	East Melbourne
P12.29	22 & 29 July	Sun	Geelong
P12.31	4 & 5 Aug	Sat/Sun	East Melbourne
P12.32	19 & 26 Aug	Sun	East Melbourne
P12.33	19 & 26 Aug	Sun	Malvern
P12.34	1 & 8 Sep	Sat	Bulleen
P12.35	9 & 16 Sep	Sun	East Melbourne
P12.36	9 & 16 Sep	Sun	Mulgrave
P12.37	15 & 16 Sep	Sat/Sun	East Melbourne
P12.38	7 & 14 Oct	Sun	East Melbourne
P12.40	13 & 14 Oct	Sat/Sun	East Melbourne
P12.41	21 & 28 Oct	Sun	East Melbourne
P12.42	21 & 28 Oct	Sun	Geelong
P12.44	10 & 17 Nov	Sat	Bulleen
P12.45	11 & 18 Nov	Sun	East Melbourne
P12.46	24 & 25 Nov	Sat/Sun	Heidelberg
P12.47	25 Nov & 2 Dec	Sun	East Melbourne
P12.48	2 & 9 Dec	Sun	Malvern
P12.49	2 & 9 Dec	Sun	East Melbourne
P12.50	9 & 16 Dec	Sun	East Melbourne
TIME:	10.00am – 5.00pm		



“Make fun a priority even if it is only short term, because you will not only increase the positives but will be better able to cope with the negatives.”

– ‘You and Me Equals We’
Rosemary Tilley

Partnerships Weeknights

CODE	DATE	DAY	VENUE
P12.09	6, 8, 13 & 15 Mar	Tue/Thu	East Melbourne
P12.19	7, 14, 21 & 28 May	Mon	Templestowe
P12.22	5, 12, 19 & 26 Jun	Tue	Malvern
P12.30	2, 9, 16 & 23 Aug	Thu	Malvern
P12.39	9, 11, 16 & 18 Oct	Tue/Thu	East Melbourne
P12.43	7, 14, 21 & 28 Nov	Wed	Templestowe
TIME:	7.15pm – 10.00pm		

CatholicCare's group programs are conducted by professionally trained educators. The groups are deliberately limited in size so each couple can benefit from the support of the educators. This provides the best opportunity for couples to explore their relationship to help them build a healthy and loving marriage.

FOCCUS

FOCCUS (Facilitating Open Couple Communication, Understanding and Study) is a program for couples who would like to reflect on their relationship in a more private setting.

It involves filling out an inventory and then working through the responses with a Marriage Educator. This program involves four one hour sessions.

Program Cost Per Couple:

Both employed: \$305
One employed, one unemployed or student: \$275
Both unemployed or students: \$210

For FOCCUS Cancellation Policy, please see our website.

DO NOT book online for FOCCUS. For bookings, phone the local office closest to you.

Local Offices

General Enquiries	9287 5516
Bundoora	9466 7353
Dandenong	9793 2200
East Melbourne	9287 5516
Footscray	9689 3888
Geelong	5221 7055
Ivanhoe	9287 5516
Malvern	9576 2377
Mitcham	9873 4344

Further Information:

www.ccam.org.au
T: 9287 5516 F: 9287 5599



NEW OFFER

Intentional Conversations Cards

Enjoy and explore your relationship through creative conversations.

192 cards covering 16 topics
\$60 per set (plus p&h)

For orders, phone 9287 5516
or go to www.ccam.org.au